

Courses & Course Information

Courses

Alzheimer's/Dementia Awareness – Care Staff

Autism Awareness - for Care Staff

Dealing with Challenging Behaviour –Care Staff

End of Life Care – Care Staff

Equality, diversity and inclusion in dementia care practice – Care Staff

Person Centred Planning – Complex Needs

Mental Capacity Act with Deprivation of Liberty Safeguards (MCA with DoLS) - Care Support Workers
– Care Staff

Supporting individuals with autistic spectrum conditions

Promoting Positive Behaviour Support - PBS

A course outline

Programme Title	Alzheimer's/Dementia Awareness
Programme Outline	To enable learners to gain knowledge of what dementia, is the different forms of dementia and how others can have an impact on the individual with dementia.
Programme Duration	½ a day
Aims & Objectives	<p>AIMS: This short course aims to develop learners' knowledge and awareness of dementia for those working in social care settings.</p> <p>The objectives are;</p> <ul style="list-style-type: none"> • Understand what dementia is • Understand key features of theoretical models of dementia • Know the most common types of dementia and their causes • Understand factors relating to an individual's experience of dementia
Level	Level 2
Who is the Programme For	Care Staff
Is the Programme Accredited	No
What the Programme will Lead to or Enhance	This programme will lead to a better understanding of Dementia which will underpin the learners knowledge of Dementia within the Level 2 Diploma 'Health and Social Care (Adults) for England' and Level 2 'Certificate in Dementia Care' (QCF unit DEM 201)

Programme Title	Autism Awareness
Programme Outline	The Autism Awareness short course will enable learners to gain an understanding of good practice when working with people with an Autism Spectrum Disorder (ASD).
Programme Duration	½ a day
Aims & Objectives	<p>AIMS: The aim of this short course is to explore the main areas of difficulty within Autism Spectrum Disorders e.g. sensory issues, social communication, social interaction, and social imagination.</p> <p>The objectives are;</p> <ul style="list-style-type: none"> • Raise autistic awareness • Share stories of inspiration • Discuss sensory issues • Explore different communication tools • Encourage social interaction where possible • Promote individuality
Level	Level 2
Who is the Programme For	Care Staff
Is the Programme Accredited	No
What the Programme will Lead to or Enhance	This programme will lead to a better understanding of Autism which will underpin the learners knowledge of Autism within the Level 2 Diploma 'Health and Social Care (Adults) for England' (QCF unit LD 210)

Programme Title	Dealing with Challenging Behaviour
Programme Outline	To enable learners to gain knowledge of the causes and reasons for challenging behaviour, the importance of behaviour analysis and how others and the environment can have an impact on the individual with challenging behaviour.
Programme Duration	2 x ½ a day
Aims & Objectives	<p>AIMS: The aim of this course is to explore challenging behaviour, identify triggers and to find positive solutions for the person and for the staff involved in his/her care.</p> <p>The objectives are;</p> <ul style="list-style-type: none"> • Understand the range of functions which challenging behaviour can serve • Understand how to help improve the lifestyles of people with Challenging behaviour • Understand the stages of emotional arousal and learn about positive management techniques in the management of challenging behaviour • Understand the importance of teamwork and how effective teamwork can be achieved • Understand the importance of accurate and effective observation and record keeping in the management of challenging behaviour • Support service users who may be affected by the challenging behaviour of others.
Level	Level 2/3
Who is the Programme For	Care Staff
Is the Programme Accredited	No
What the Programme will Lead to or Enhance	This programme will lead to a better understanding of Dementia which will underpin the learners knowledge of Dementia within the Level 2/3 Diploma 'Health and Social Care (Adults) for England' (QCF units DEM 205, DEM 207 & HSC 3045)

Programme Title	End of Life Care – Care Staff
Programme Outline	To enable learners to gain knowledge of the skills and knowledge needed to provide palliative care. This course is delivered with knowledge and experience within this field
Programme Duration	1 day or 2 ½ days
Aims & Objectives	<p>AIMS: This unit is aimed at those working in a wide range of settings. It provides the learner with the knowledge and skills required to support end of life care.</p> <p>The objectives are: -</p> <ul style="list-style-type: none"> • Understand the requirements of legislation and agreed ways of working to protect the rights of individuals at the end of life. • Understand factors affecting end of life care. • Understand advance care planning in relation to end of life care. • Be able to provide support to individuals and key people during end of life care. • Understand how to address sensitive issues in relation to end of life care. • Understand the role of organisations and support services available to individuals and key people in relation to end of life care • Be able to access support for the individual or key people from the wider team. • Be able to support individuals through the process of dying. • Be able to take action following the death of individuals. • Be able to manage own feelings in relation to the dying or death of individuals.
Level	Level 2/3
Who is the Programme For	Care Staff
Is the Programme Accredited	No
What the Programme will Lead to or Enhance	This programme will lead to a better understanding of Dementia which will underpin the learners knowledge of Dementia within the Level 3 Diploma 'Health and Social Care (Adults) for England' (QCF unit HSC 3048)

Programme Title	Equality, diversity and inclusion in dementia care practice
Programme Outline	To enable learners with the knowledge and skills to provide care and support to people with dementia focusing on the concepts of inclusion, equality and diversity
Programme Duration	½ a day
Aims & Objectives	<p>To provide knowledge, understanding and skills for those who provide care or support to individuals with dementia in a wide range of settings. The unit introduces the concepts of equality, diversity and inclusion that are fundamental to person-centred care practice</p> <p>The objectives are: -</p> <ul style="list-style-type: none"> • Understand the importance of equality, diversity and inclusion when working with individuals with dementia. • Be able to apply a person-centred approach in the care and support of individuals with dementia. • Be able to work with a range of individuals who have dementia to ensure diverse needs are met.
Level	Level 2
Who is the Programme For	Care Staff
Is the Programme Accredited	No
What the Programme will Lead to or Enhance	This programme will lead to a better understanding of Dementia which will underpin the learners knowledge of Dementia within the Level 2 Diploma 'Health and Social Care (Adults) for England' and Level 2 'Certificate in Dementia Care' (QCF unit DEM 209)

Programme Title	Person Centred Planning – Complex Needs
Programme Outline	To enable learners to gain the skills and knowledge needed to enable service users with complex needs to have an input into their own care planning.
Programme Duration	½ a day
Aims & Objectives	<p>The aim of the unit is to demonstrate Person-centred thinking and planning and how it reflects what is important to individuals and supports them to live the life they choose. This unit provides knowledge about the principles and processes of person-centred thinking, planning and reviews. It also requires demonstration of the skills and attitudes required to support person-centred thinking.</p> <p>The objectives are:-</p> <ul style="list-style-type: none"> • Understand the principles and practice of person-centred thinking, planning and reviews. • Understand the context within which person-centred thinking and planning takes place. • Understand own role in person-centred planning, thinking and reviews. • Be able to apply person-centred thinking in relation to own life. • Be able to implement person-centred thinking and person-centred reviews. • Use differing techniques to involve the service user make choices
Level	Level 2
Who is the Programme For	Care Staff
Is the Programme Accredited	No
What the Programme will Lead to or Enhance	This programme will lead to a better understanding of PCP which will underpin the learners knowledge of PCP within the Level 2 Diploma 'Health and Social Care (Adults) for England' (QCF unit LD 202)

Programme Title	Mental Capacity Act with Deprivation of Liberty Safeguards (MCA with DoLS)
Programme Outline	To enable learners to gain knowledge of what dementia is, the different forms of dementia and how others can have an impact on the individual with dementia.
Programme Duration	½ a day
Aims & Objectives	<p>AIMS: This half day programme is designed specifically to promote awareness of the Deprivation of Liberty Safeguards introduced as an amendment to the Mental Capacity Act 2005 by the Mental Health Act 2007.</p> <p>The objectives are: -</p> <ul style="list-style-type: none"> • Identifying what a deprivation of liberty is and its underpinning statute • Using case law to identify a deprivation of liberty within the workplace • Analysing the DoLS assessment process • Using person centred planning to reinforce less restrictive models of care provision • Applying best interests
Level	Level 2
Who is the Programme For	Care Staff
Is the Programme Accredited	No
What the Programme will Lead to or Enhance	This programme will lead to a better understanding of Health and Social Care and underpins occupational standards provided within the QCF units HSC 21, 24, 31, 35, 41, 45 and Level 2 Diploma 'Health and Social Care (Adults) for England' (QCF unit DEM 211)

Programme Title	Supporting individuals with autistic spectrum conditions
Programme Outline	To enable learners to gain knowledge of what autism is, the different forms of autism and how others and the environment can have an impact on the individual with autism.
Programme Duration	1 day or 2 x ½ days
Aims & Objectives	<p>The aim of this short course is to provide a range of knowledge and understanding about autistic spectrum conditions and explores theories and concepts about autism. It enables learners to reflect on the impact of these conditions on the lives of individuals and those close to them and to learn about good practice in areas such as communication and support.</p> <p>The outcomes are: -</p> <ul style="list-style-type: none"> • Understand the main characteristics of autistic spectrum conditions • Understand how autistic spectrum conditions can impact on the lives of individuals and those around them • Understand different theories and concepts about autism. • Understand the legal and policy framework that underpins good practice in the support of individuals with autistic spectrum conditions. • Understand how to achieve effective communication with individuals with an autistic spectrum condition • Understand how to support individuals with an autistic spectrum condition
Level	Level 2
Who is the Programme For	Care Staff
Is the Programme Accredited	No
What the Programme will Lead to or Enhance	This programme will lead to a better understanding of Autism which will underpin the learners knowledge of Autism within the Level 3 Diploma 'Health and Social Care (Adults) for England' (QCF unit LD310)

Programme Title	Promoting Positive Behaviour Support - PBS
Programme Outline	To enable learners to gain knowledge of what PBS and how it can be used to enable service users to have a more proactive life.
Programme Duration	1 day or 2 x ½ days
Aims & Objectives	<p>The aim of this short course is to provide the learner with the knowledge, understanding and skills required to promote positive behaviour and respond appropriately to incidences of challenging behaviour.</p> <p>The outcomes are: -</p> <ul style="list-style-type: none"> • Understand how legislation, frameworks, codes of practice and policies relate to positive behaviour support. • Understand the context and use of proactive and reactive strategies. • Be able to promote positive behaviour support • Be able to respond appropriately to incidents of challenging behaviour • Be able to support individuals and others following an incident of challenging behaviour • Be able to review and revise approaches to promoting positive behaviour. • Be able to use positive behaviour support as a tool within PCP
Level	Level 2
Who is the Programme For	Care Staff
Is the Programme Accredited	no
What the Programme will Lead to or Enhance	This programme will lead to a better understanding of Dementia which will underpin the learners knowledge of Dementia within the Level 2 Diploma 'Health and Social Care (Adults) for England' (QCF unit HSC 3045)